QuickChats can be used anytime, anywhere, with anyone! Start the chat with either of the possible suggested opening lines, then use the ideas to chat about to get the conversation flowing and end the chat with a few closing remarks. Have fun!
QuickChat

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EVERYONE

EVERY DAY

EVERY WAY

prevent violence against women
Everyone, Everyday – we can create positive change.

Possible Opening Lines
• I’ve been thinking about the changes in our community lately, and I think more people are speaking out about respect and equality in relationships. Do you?
• Some people say they can’t really do anything about violence against women but I think everyone can do something. Don’t you?

Ideas to Chat About
• If everyone simply talked about violence against women with one other person that would be a lot of people talking and a lot of momentum for change!
• If each of us decided to be a role model in our families and communities - demonstrating how to live with fairness and non-violence - change would happen.
• Everyday we each have many opportunities in our relationships and families to do or say things that demonstrate fairness and respect.
• If we each made a commitment not to use violence in our homes, we could help solve many problems.

Departing Words
• Thanks for the chat! We really need to have this chat with others. We need to spread the word that everyone of us, everyday is creating change! Who else could we talk to?
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