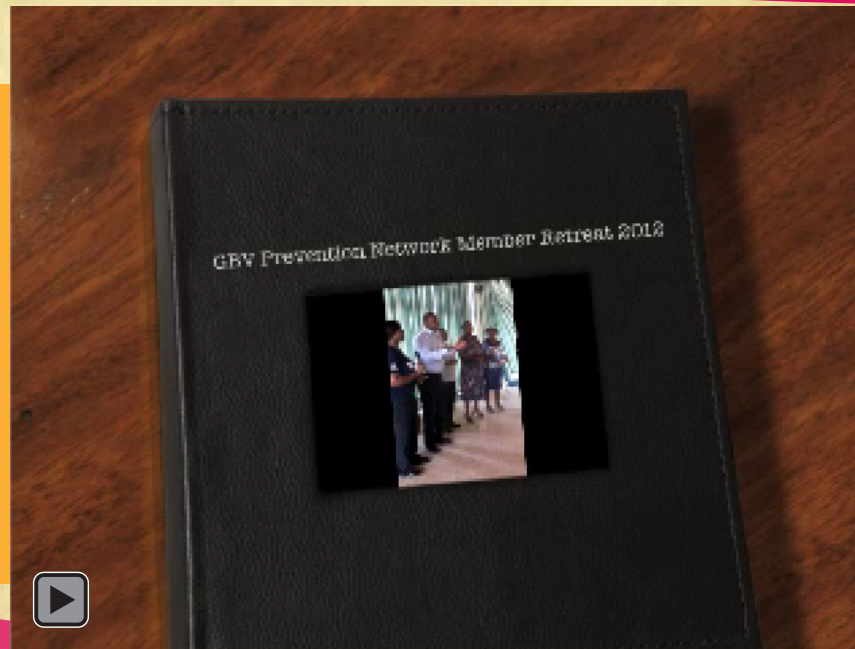


Traveling from our
Heads to our Hearts



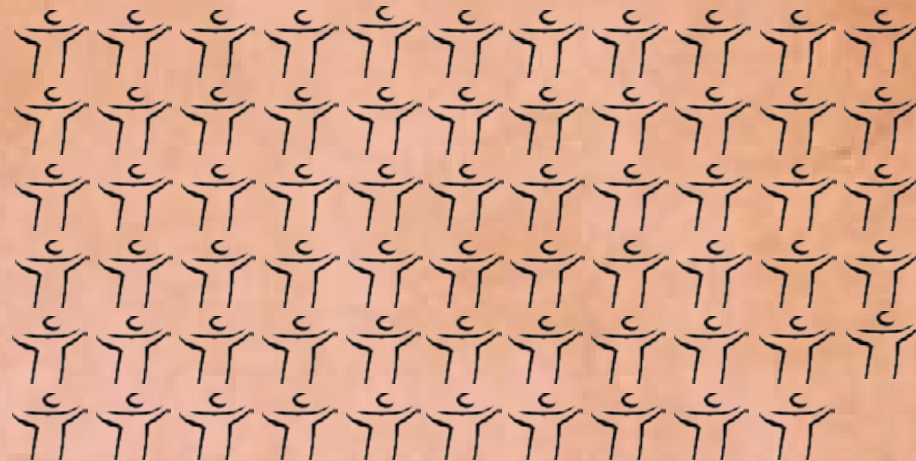
GBV Prevention Network
Member Retreat 2012

Click the box to play video

2nd-4th July, 2012

Entebbe, Uganda

65 Activists



15 Countries



3 Days



0 Power Points



Greetings from the Network



The Network retreat was a rare gift. It gave us the opportunity to get away from our desks and put our hearts back into violence prevention. It opened rich discussions enabling us to reunite with the passion, commitment and beliefs that fuel our struggle for social justice. Follow these pages to relive the journey from our heads to our hearts.

Click the box
to download document

Share in the creativity.

Connect with the values.

Get moving on your journey.

Beginning within



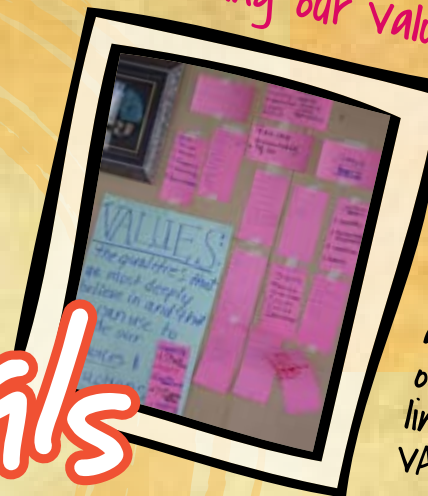
Click the box to download nametag

Starting out on our journey, we looked inside ourselves—to our experiences, beliefs and attitudes, and how they inform our work.

Inspiring Individuals



Discovering our values



As we unearthed our values, we realized that we all face challenges in living our values at times and recognized that our personal values are linked to the values of VAW prevention.

Pausing on our Path



Turning to our bodies, we reconnected with the journeys that we have all taken to get to where we are and honored our experiences of politicization.

Experiencing Power



Here we are on the New Planet, exploring the power that each of us holds and how we must always reflect on our power and how we are using it.

Stepping into Her Shoes



Walking in the shoes of survivors drew us deep into the heart of our work. Click here to download In Her Shoes for free in English or Swahili.

Being Our Whole Selves



When we are true to ourselves, we are able to integrate our values, work, and experiences. This allows us to live our full identity and can strengthen our activism.

Better Together



When we built these towers, we realized how important it is to build supportive networks for ourselves. Now we have resources to help us identify "trusted others."

Click the box to download flyer

Caring for Ourselves as we Care for Others

If we are not taking care of ourselves, how can we meaningfully care for others? Here, we intentionally created spaces to prioritize our own wellbeing in whatever ways felt best—dancing, drumming, art and more. Look at how much fun self-care can be!



Click the box to download poster

A values-driven leader leads with integrity, making decisions for the good of the organization, while helping others to feel capable of doing the same. We all can lead with values no matter our experience or position!



It was thrilling to interact with creative forms of activism including cartoon strips, film/television, and radio adverts and methods for engaging with local culture and customs. Facebook, Twitter and blogging infuse our activism with fresh energy and ideas. With these new skills, we feel confident that we will succeed in our quest for social justice.

Check out our vision of a violence-free world!



Values-driven Leadership + Positive Organizational Culture + Rights-based Activism = Integrity!



We moved beyond ourselves to reflect on our organizational culture and values. We all agreed that our organizations must be feminist and value integrity.



standing in solidarity



A strong movement is essential for the social change that is required to prevent violence against women across the region, so we traveled even further; beyond us as individuals and our own organizations, to what it means to work together across organizations.

Here are some questions to consider:

- What ideology drives this work?
- What are the disconnects that affect solidarity?
- Where is the entry point for a movement?

Let's meet these challenges head on!

Creating a VAW Prevention Movement

strengthening our space



We couldn't forget that building our movement begins with strengthening our Network as our collective space. Together, we reflected on the Network's key objectives and provided valuable suggestions for the Network's direction.

Get Moving!

The Network launched the new edition of *Get Moving!* a powerful process of self-discovery and a call to action.

Get Moving! will change the way you experience your work. Join several organizations who have committed to this bold journey.



Click the box to download *Get Moving!*



Celebrating our time together

Although ours is a journey that will never end, it is important to stop along the way and celebrate our accomplishments! Everyone has a reason to celebrate and together, we shared in each other's joys.

Celebrating each other and the strength and inspiration that everyone brings to their work and to the Retreat.

Celebrating ourselves! From completing PhD. Programs, to 20 years of marriage, to life itself, and more!



I am celebrating...

Name _____

Click here
to download
Celebration Card

Celebrating our work!
"From national support
of programs to new
publications to provocative
initiatives!"

You created the vibrant, safe space for us to learn and thrive!

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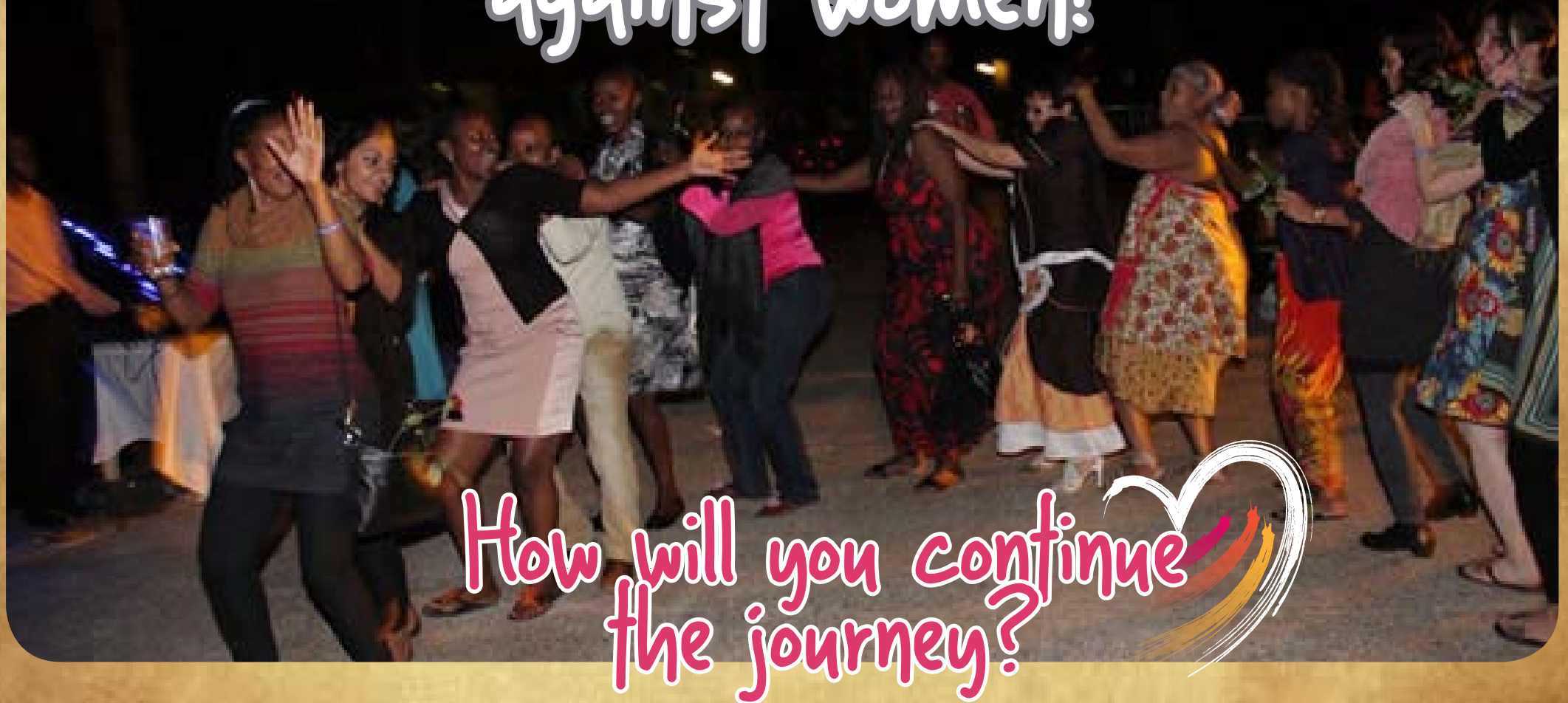
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You created the vibrant, safe space for us to learn and thrive!

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Thank you for putting your hearts
into preventing violence
against women!



How will you continue
the journey?

