

An illustration at the top right shows two hands, one with a purple wristband, working together to thread a string with colorful beads. The background is a dark teal with green leaf patterns on the left and right.

16

Days of Activism 2024

Recommit! Be Accountable! Resource Prevention!

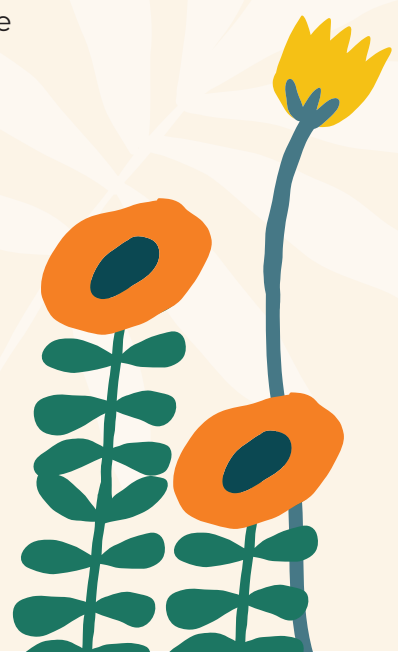
Friendship Bracelets: A Symbol of Our Movement

In addition to activists Purple Ribbons, Friendship Bracelets can symbolize our commitment to ending VAW. Making friendship bracelets allows us to express ourselves through creativity. During the campaign, you can make and give friendship bracelets to the movement makers in your community who are committed to our ambitious goal of a world free from violence. This act of solidarity is a reminder that we are not alone in doing this work, and that each of us plays an important role in this journey. Taking time to recognize and celebrate each other is necessary to build and sustain our movements and uphold our collective care.

Instructions:

1. Cut a piece of string by measuring the length around your wrist. Leave some extra room, just in case!
2. Knot one end of the string. Make sure the knot is bigger than the hole in the beads—this might mean making several knots.
3. Get creative! The beads you see come in a variety of colors and letters. What patterns can you create by threading the beads on the string? How many colors do you want to use? If you have someone in mind to receive the bracelet, what colors might they like? Is there a word that captures their commitment, your appreciation, or the hope they bring to others?
4. Continue threading the beads until you add enough beads for the bracelet to wrap around your wrist.
5. Tie a knot after the last bead you thread, ensuring that the beads are secure and will not fall through the string.
6. Tie the two ends of the string together. You now have a gorgeous bracelet!
7. Gift your bracelet to someone who inspires you in their work to end VAW, taking time to explain why you are giving the bracelet to them. Invite them to share what motivates them and together, you can brainstorm creative ideas for continued collaboration!

We hope you enjoy the entire process of creating and sharing. We encourage to do similar connections with fellow sisters at any time of the year.

A stylized illustration of three flowers with orange and yellow petals and green stems and leaves, located in the bottom right corner.